



Living in alignment is about aligning one’s “real” behaviors with one’s “ideal values.” Values are beliefs that can be helpful in making decisions.

Your top values are:

Integrity

firm adherence to a moral code and/or set of values, walking the talk

Faith

belief in something, someone, or even a higher power

Honesty

telling the truth, does not engage in deception, is forthright and candid

Ethics

valuing moral standards

Diversity

appreciates and respects individual differences



Integrity, Faith, Honesty, Ethics and Diversity

A little reminder is always good. Keep your active values in your wallet or at your desk.



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